



Annie Griffin
Superintendent

WASHAKIE COUNTY SCHOOL DISTRICT #2
September 2022

Robert Griffin
Principal

Our New Administration



Please welcome Mrs. Annie Griffin as our new Superintendent.

She has been married to Robert for 28 years and has twin girls, Allie and Kelsie.

She was a teacher for eighteen years, an Instructional Coach for three years and a Principal for five years. She was Principal of Tongue River Elementary in Ranchester Wyoming when they received Blue Ribbon Status (2021) and Model PLC (2022).

Mrs. Griffin likes coming to school and believes that working with kids is the best job ever!

She loves to play cards, sing, go on trips to see new things and laugh!



Robert Griffin is our new principal, some of you might recognize his wife pictured to the left. Yes in fact it is true he married up.

Robert's teaching career began in the fall of 2001 in a small town on the western slope of Colorado. He taught Social Studies while also serving as a member of the Wyoming Air National Guard. After eleven years of teaching the Griffins knew they wanted to come home and be part of the best education system in the country. They took positions in Sheridan County School District #1.

This spring as many of you already know they decided to pursue what they believe to be a once in a lifetime opportunity to become the part of the leadership team in Washakie #2. They have twin daughters who are in the 8th grade and are excited to be part of the Ten Sleep community.

Note to Parents

Get the school year off to a great start with productive routines.

It's the beginning of a new school year—the perfect time to set the stage for learning success. Try these simple strategies with your child:

Get a head start. Many families find that organizing at night prevents morning “rush hour.” You can review school papers, pack and refrigerate lunches, set backpacks by the door and agree on outfits.

Establish sleep routines.

Choose a reasonable bedtime so your child is rested when it's time to wake up. Elementary schoolers need between nine and 12 hours of sleep daily. Try to stick to the bedtime on weekends, too.

Develop morning habits. When children do the same things in the same order each morning, it's less likely that they will forget a step.

Choose a work time. Establish a time when your child will have the most energy and motivation to do assignments. Create a quiet study spot, complete with necessary supplies. Your child should work at the same time each day.

Use tools for organization.

Teach your child how to use calendars, to-do lists, sticky notes, and a filing system for schoolwork and important papers.

Set priorities. Schedule things like schoolwork, family meals and even free time on a calendar. Treat them like appointments. If there are open blocks of time, your child can add activities.

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Expect your middle schooler to be successful this year!

Don't just hope your child will be successful in middle school this year—expect it! Studies show that the most successful students have parents who maintain high, realistic expectations of them. What you believe your child is capable of achieving influences your student's academic and social outcomes.

To promote success in the classroom and beyond:

Believe in your child. Don't act surprised when your student succeeds. For example, if your child brings home a B+ on a challenging science test, say, “That's awesome! I knew all of your extra studying this week would pay off!” Not, “Wow! How on earth did you pull that off?”

Offer support when your child stumbles. Remind your student that failure happens to everyone and mistakes help people grow. Be your child's “safe place,” and provide constant love and acceptance. Never belittle your child for failure.

Empower your child to take action. When unfortunate things happen, don't chalk them up to bad luck. That will make your child feel like a victim who has no control over situations. Instead, encourage your child to think about the lesson learned. Together, brainstorm ways to handle similar situations in the future.

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Help your teen get off to a great start this school year.

Whether it's your teen's first year in high school or the last, there are five simple things you can do to set the stage for a successful school year. Make sure you:

Meet with your teen's teachers. Do this at back-to-school night or schedule an appointment. Opening lines of communication early will make it easier for you to work together if a problem arises.

Write down the names and email addresses of your teen's teachers. Also write down contact information for the principal, the attendance office and your teen's school counselor. Keep the information handy for easy access throughout the year. Follow the school on social media, too.

Plan to attend the school events that involve your teen. You'll have fun, you'll show that you care about your teen and the school, and you'll get to meet other parents. These contacts will be useful when your teen tells you things like none of the other students have homework.

Make it clear that there will be a study time at your house every day. Your teen can decide when to do assignments, but not whether to do them. No homework? Your teen can read or review class notes.

Check with the counselor to make sure your teen is on track to graduate and be admitted to college. Even students who aren't sure they want to go to college should take courses that leave that option open.

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New Staff



Please welcome Mrs. Chasity Dykstra, she will be teaching 7th thru 12th grade English. Chasity has been married to Mark for 19 years. She has 3 children, 3 dogs, 3 ducks, 2 horses and some cats.

Mrs. Dykstra started teaching in 2007 when she homeschooled her own children.

Chasity has lived in an RV with her family while home-schooling and traveled the United States.

She enjoys eating candy in her popcorn. Hot tamales and M&M's are her favorite mix-ins. She likes to spend time with her family, being outdoors and sitting around a campfire in the summer, or snuggling under a blanket on rainy days, or sitting with a book or watching a TV series with her daughter.

Ms. Emma Reid is our new 7th–12th grade Social Studies Teacher. This is her first year teaching. She has worked as an educator for the Worland Museum for a year and a half and interned at the Cody Firearms Museum at the Buffalo Bill Center of the West for a summer.

Ms. Reid has a younger sister and brother. She was born and raised in Spokane Washington.

Emma has visited Costa Rica and Uganda, she has family in Uganda. Her great-grandfather's family had a homestead outside of Casper before he moved to Washington. Swimming with sharks is on her bucket list! She enjoys reading, being outdoors, playing games, cooking, baking and traveling.



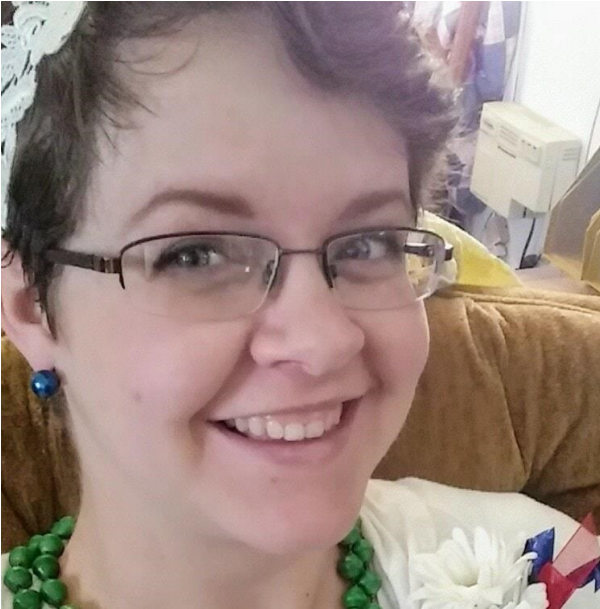
Please welcome Mr. Don Anderson back to Ten Sleep School as our 7th thru 12th grade Math teacher. Don graduated from Ten Sleep High School and was raised on a ranch here!

Mr. Anderson is married to Tess. They have one dog and a time-share cat.

Don has previously given tours of the 3rd longest cave in the U.S. (Wind Cave National Park). He has traveled internationally to Seoul Digital University in South Korea and Kathmandu University in Nepal for teaching. Don is a Star Wars and Marvel Universe nerd.

He likes spending time with family and friends, photography, hiking, spending time outside and his hometown of Ten Sleep.

More New Staff



Please welcome Mrs. Shara Mills as our new Kindergarten thru 12th grade Art Teacher.

Mrs. Mills is married to Jamin and they have 5 children and one outside cat. She is the oldest of four kids with one sister, two brothers and one half brother.

Shara has worked at Arctic Circle, Coastal Helicopter Tours in Juneau Alaska, and Serlkay Printing in Worland. She has also worked as a freelance and independent illustrator, product designer, graphic designer and face painter.

She likes to play Dungeons and Dragons and other role playing games. Shara enjoys foam sword fighting and classic swing dancing. Mrs. Mills is a quarter Lithuanian. She likes sweet treats, creating art and her big floppy hat on a hot summer day!

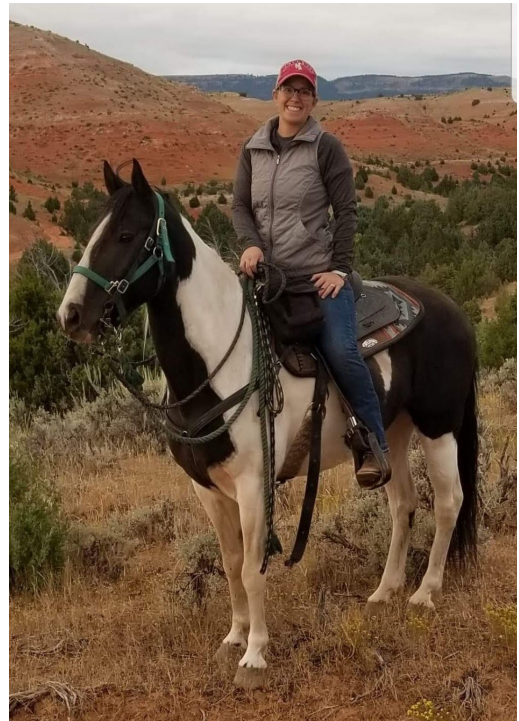
Please welcome Mrs. Emily Hudson as our new 4th grade teacher.

Emily is married to Cameron Monasmith and has four fur babies.

Mrs. Hudson taught in Florida and Moose Wyoming before moving to Ten Sleep and accepting a long term sub position in March of 2022.

She lived in Australia for one year. She enjoys animals and being outdoors. Her favorite food is any type of French fries.

Emily likes to ride horses, water days, camping, skiing and food.



Mrs. Rachel Casteel is our new Business Manager.

Mrs. Casteel is married and has a son and a daughter. She is a TrueCrime nut, loves science fiction and fantasy books and is a limbo champion.

Rachel likes spending time with family, tubing, concerts, BBQ's and card games. She enjoys taking care of all of her flowers in the summer. She loves food, enjoys traveling and going to new places and hiking with friends all over the Big Horn Basin.



Please welcome Mrs. Halli Caines. Hallie grew up in Ten Sleep and graduated from Ten Sleep School. She is our new Elementary Paraeducator.

Mrs. Caines is married to Cameron and has one son, Cody. She loves to golf and riding horses. She enjoys being on the mountain and her favorite time of year is spring.



Please welcome Mrs. Jessica Zierlein as our new SPED Paraeducator.

Mrs. Zierlein is married to Ty and has two children. After graduating she moved to Minnesota and attended Cosmetology School.

Jessica has 5 dogs, loves watching Friends and archery hunting season is her favorite.

She like going on adventures with her husband and children, going to Shinedown concerts with her best friend, spending time with family and friends and Italian food.



Mrs. Gabrielle Fox is our new Kindergarten thru 12th grade PE/Health teacher. Gabi is a graduate of Ten Sleep High School.

Mrs. Fox is married to Chad and has three children, one dog and one cat. She loves to look for fossils, developed power shopping in Billings into an art form and spends a lot of time working with youth in her church and has gone on lots of great adventures with them.

Gabrielle's favorite things are her faith, family, adventures, gardening and home sweet home.

New Staff



Please welcome Mr. Dan Cheatham, our 7th thru 12th grade Science teacher. Mr. Cheatham has been married to Sandra for 35 years, they have four children and one cat.

Mr. Cheatham started teaching in Brewster Kansas in February 1993. In Wyoming he has taught in Moorcroft, Basin and Baggs.

Dan's favorite things are his family, farming and machines.

Mr. Cheatham has lived in four states, enjoys vacationing in tropical places and he has lived in Brazil.



Library News

The Ten Sleep Branch welcomes all students back to the Library. Books have been flying off the shelves as excited students find out what is new in the library. We enjoy seeing how every child has grown in height and expanded their reading selections. The Ten Sleep Branch is a public and school library combined. It is a great way to come together and not duplicate a service in a small community. We encourage all students and community members to have a library card. Library cards are free and we do not charge fines on overdue books! Stop by and discover the services your library can provide. The Ten Sleep Library is a branch of the Washakie County Library System. We are open Monday through Friday from 8:00 am to 5:00 pm and closed on Saturday and Sunday.

The After the Bell after-school program has started and sign up is required if you want your Kindergartner thru fifth grade child to join. This program is free and helps fill the gap when a parent is not quite home from work and a student needs a safe place to go. After the Bell runs from 3:15 to 4:30 on Monday, Tuesday, and Thursday when school is in session.

Story Time will begin at the Ten Sleep Branch Library on Thursday, September 8th at 10:00 am. All preschool children and their guardian is welcome to join this fun program. Age-appropriate stories and crafts center around a new theme every week. No registration is required.

The Friends of the Ten Sleep Library have let us know that the **Harvest Dinner and Library Auction is set for October 15th**. Crafts and new gift items are now being accepted for this annual fundraiser. Please drop your items off at the Library at 200 North Fir Street. Funds are used to support library programs and book purchases for all ages throughout the year.

Please note the Washakie County Library and Ten Sleep Branch will be closed for Labor Day September 3rd thru the 5th. We will also be closing the Ten Sleep Branch at 12 noon on September 28th thru the 30th so that staff may attend the Wyoming Library Association Annual Conference.

Nurse's Corner

Woohoo! Another school year has started and we are off to a great start! Here are a few reminders from the nurse's office:

When students do not feel well, it can be difficult for them to concentrate at school. Here are some important guidelines to follow when wondering if your student should stay home:

Students with a fever greater than 100°F should stay home until fever free for 24 hours without the use of fever reducing medications.

Students who are vomiting or have diarrhea should remain home for 24 hours after the last time they vomited or had diarrhea.

Students who are prescribed an antibiotic should remain home until 24 hours after taking the first dose.

Students who have a severe uncontrolled cough should remain home until cough is improving.

If your student needs to take a prescription medication at school, please complete the medication administration form found on the website. Medications need to be in the original prescription container. This allows me to verify that the correct medication is given to the correct student at the right time.

Wondering about COVID-19? Students and staff that test positive for COVID-19 should remain home until all the following are true:

It has been at least 5 days since the first symptoms started. If there are no symptoms, stay home for 5 days after a positive test.

Fever free for at least 24

hours without the use of fever reducing medications.

All other symptoms are improving.

If you are exposed to someone with COVID-19, no quarantine is necessary. The Wyoming Department of Health recommends mask use for 10 days following exposure.

We have free take home COVID-19 tests available provided by the Wyoming Department of Health. Contact me if you would like one or more information.

I am looking forward to another great year! My office hours are Monday-Friday 8AM-2PM. Please feel free to contact me with any questions. Phone: 307-366-2233 ext 401 Email: kenzi.weddle@tensleepschools.com



CSO

CSO will meet September 8th at 6:30 pm, at the Sleepy Coyote.

State Fair

Congrats to our State Fair Participants! We are proud of each of you.

Below left-Bree Jackson

Below top-Walker Cooper's entry.

Below bottom-Cachelynn Forshee



Board Minutes

BOARD OF TRUSTEES MEETING AGENDA (Monday, July 18, 2022)

1. MEETING OPENING

- A. Call to Order: 7:00 p.m.
- B. Pledge of Allegiance
- C. Roll Call: Board Members Erin Blutt, Jared Lyman, Shana Harstad, Bill Murphy, Marc Dykstra, Superintendent Annie Griffin, Principal Robert Griffin, Connie Gay, Business Manager Rachel Casteel and Administrative Assistant Neysha Lyman.

2. BUDGET HEARING 7:00 p.m. : Bill Murphy moved to go into the Budget Hearing at 7:00 p.m. Seconded by Marc Dykstra. Motion carried 5-0.

A. Discussion and Adoption of Washakie County School District #2 Budget for the 2022-2023 FY Budget Hearing started at 7:00 p.m. Jared Lyman moved to approve the Budget Appropriation and Levy Resolution:

WHEREAS, on the 18th day of July, 2022 the budget officer filed with the Board of Trustees of Washakie County School District #2 a budget message for the fiscal year ending June 30, 2023, and

WHEREAS, a summary of such budget was entered into the Board minutes, and a notice of a public hearing on such budget together with said summary was published in the Northern Wyoming Daily News, a newspaper having general circulation in the county in which the district is located, on the 15th day of July, 2021.

WHEREAS, a public hearing was held concerning such budget on July 18, 2022 at 7:00 p.m., at which time all interested parties were given an opportunity to be heard.

NOW THEREFORE, BE IT RESOLVED by the Board of Trustees of Washakie County School District #2 that such budget, as revised, if applicable, is hereby adopted and, subject to future amendment, it is in effect for the fiscal year ending June 30, 2023.

BE IT FURTHER RESOLVED that the following appropriations are made as of and for the fiscal year ending June 30, 2022, and that those respective expenditures applicable to each department and fund shall be limited to the amounts hereby appropriated, subject to further amendment.

Appropriations:

General Fund	\$3,641,225	
Capitol Construction	\$31,930,00	
	0	
Special Revenue Fund	\$172,614	
Teacherage	\$71,588	
Major Maintenance Fund	\$663,450	
Depreciation Reserve	\$758,054	
Food Service Fund	\$197,582	
Insurance Fund	\$19,956	
Pupil Activity Fund	\$74,342	
Total Appropriations		<u>\$37,528,810</u>

BE IT FURTHER RESOLVED that after deducting all available cash and estimated revenues, the following amounts must be raised through general taxation, and that such levies as are required to provide such amounts are hereby authorized as of and for the fiscal year ending June 30, 2022,

Amounts to be raised: County/Local Resources 25 Mills and 6 Mills	\$1,006,698	
Ten Sleep Recreation 1 Mill	\$37,532	
Debt Service Fund(s)	\$21	
		<u>\$1,044,251</u>

Dated this 18th day of July 2022

Seconded by Shana Harstad. Motion carried 5-0.

B. Discussion and Adoption of Ten Sleep Recreation Board Budget for the 2022-2023 FY: Adoption was includ-

ed in the district budget adoption.

3. ADOPT REGULAR SESSION BOARD MEETING AGENDA Bill Murphy moved to adopt the agenda. **Seconded by Shana Harstad. Motion carried 5-0.**

4. REPORTS AND RECOGNITIONS

5. GUESTS AND PATRON COMMENTS

A. Visitor Input at Board Meetings : Ruth Anne Carter asked each board member to share their views on the new Federal Civil Rights discrimination language. Each board member and administration responded. Shara Mills introduced herself.

6. CONSENT AGENDA

- A. Business Manager Reports - Mrs. Casteel
- B. Superintendent Report - Mrs. Griffin
- C. Approve Minutes of June 13, 2022 Meeting
- D. Approve Minutes June 30, 2022 Special Board Meeting
- E. Authorization and Payment of Outstanding Bills
- F. Approve Prepaid Bills
- G. Designation of Official Depositories: Pinnacle
- H. Designation of Legal Representative: Copenhaver, Kathe, Kitchen & Kolpitcke
- I. Designation of Newspaper of Record: Northern Wyoming Daily News and Ten Sleep Tribute
- J. Approve Propane Bids: Big Horn Coop \$1.83 and Tumbleweed Propane \$1.98. Bid approved for Big Horn Coop.
- K. Approve SRRP Representative: Business Manager Rachel Casteel
- L. Approve Consent Agenda Items

Jared Lyman moved to approve the Consent Agenda as presented. **Seconded by Marc Dykstra. Bill Murphy abstained from warrant #25178. Motion carried 5-0.**

7. DISCUSSION/ACTION ITEMS

- A. Library Contract: Discussion followed. More discussion will take place with the library board and commissioners. No action taken.
- B. Approve Student Handbook: Jared Lyman moved to approve the Student Handbook as presented. **Seconded by Shana Harstad. Motion carried 5-0.**
- C. Depreciation Reserve Fund: Shana Harstad moved that all general fund reserves in excess of the maximum amount allowed by the State be transferred to the depreciation reserve account as calculated by the District auditor. **Seconded by Jared Lyman. Motion carried 5-0.**
- D. Administrative Motion of Duties: Bill Murphy moved to *In recognition that the current superintendent is married to the principal, I move that the job descriptions, and board policies specifically including but not limited to policies 2.02.3 and 2.06 be deemed modified so that the Superintendent will not evaluate, supervise, discipline or make other employment decisions or recommendation for renewal, promotion, salary or benefit increases pertaining to the principal as long as the principal is the Superintendent's spouse.* **Seconded by Jared Lyman. Motion carried 5-0.**

8. NEXT MONTH BOARD AGENDA ITEMS

9. ADJOURNMENT

A. Adjourn the Meeting: Chairperson Erin Blutt adjourned the meeting at 7:53 p.m.

School Pictures

School pictures are scheduled for Tuesday, September 13th starting at 8:00 AM. Preschoolers are scheduled to go first.

Flyers will be sent home and are also attached to this newsletter.

Fall Sports Pictures will be taken after school on Wednesday, August 31st.

Hot Lunch

If you would like to sign your children up for free and reduced lunches, please fill out an application. You can turn one in anytime. The application packet is on the District website, you may pick one up at the office or call the office and ask Janet to email you one.

September costs for Kindergarten thru 6th grade is \$50.00, 7th thru 12th grade is \$60.00. By law, the school cannot extend credit for hot lunches.

If you no longer want to receive this newsletter, please call Janet at the school at 307-366-2223 and ask her to cancel your mailing.

Thank you



Ten Sleep School

PO Box 105

Ten Sleep, WY 82442

Phone: 307-366-2223

Fax: 307-366-2304

www.wsh2.k12.wy.us:



Ten Sleep School
Supporting Success

Middle and High School Football teams will be having a team dinner the night before football games. The first team dinner will be Friday, September 2nd at 6:30 at the park. Please contact Jessica Zeirlein at 307-388-2702 for more information.

We ARE having a high school volleyball team this season. They will be the mighty five!! We only have five players but WHSAA is allowing us to play!

The middle school volleyball team is hard at it, they start their season Friday in Burlington.

We also have a couple High School boys competing on the Worland Cross Country Team.

GO BIG BLUE!!

September 2022

September 2022							October 2022						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3							1
4	5	6	7	8	9	10	2	3	4	5	6	7	8
11	12	13	14	15	16	17	9	10	11	12	13	14	15
18	19	20	21	22	23	24	16	17	18	19	20	21	22
25	26	27	28	29	30		23	24	25	26	27	28	29
							30	31					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Aug 28	29	30	31	Sep 1 MS Student Council @ lunch	2 HS XC @ Buffalo HSGVB @ Burlington MSGVB @ Burlington Pep Rally 10:30 Red Friday	3 FB @ Encampment MS-12:00, HS-2:00 MSVB Rocky Mtn Home 10/11
4	5	6 HS Student Council @ lunch	7	8 CSO @ Sleepy Coyote 6:30 HSGVB Meeteetse @ Home 5:30 MSGVB @ Shoshoni	9 Blue Friday MSGVB Basin @ Home 4:15/5:15	10 HS XC @ Ethete HSFB @ Midwest 2:00 MSFB @ Midwest 12:00 MSGVB Meeteetse @ Home 1:00/2:00
11	12 7:00pm School Board Meeting	13 HS Student Council @ lunch School Pictures	14	15 HS XC @ Lander	16 HSGVB @ Midwest 5:00 MSGVB @ Rocky Mtn 3:00/4:00 Red Friday	17 HSFB Kaycee @ Home 4:00 MSFB Kaycee @ Home 6:00 MSGVB @ Greybull
18	19 Progress Reports	20 HS Student Council @ lunch	21	22 HS XC @ Worland HSGVB @ Basin 6:00 MSGVB @ Basin 4:00/5:00	23 Blue Friday HSGVB @ Meeteetse 4:00 MSGVB @ Meeteetse 1:00/2:00	24 HSFB @ Hulett 2:00 HSGVB @ Arvada 3:00 MSFB @ Hulett 12:00 MSGVB Burlington @ Home 10:00/11:00
25	26 No School, Teacher Workday	27 HS Student Council @ lunch HS XC @ Ten Sleep MSFB @ Basin 4:15 MSGVB Shoshoni @	28	29	30 HSGVB Bobcat Invite → HS XC @ Cody Red Friday	Oct 1



Monday

Tuesday

Wednesday

Thursday

Friday



Labor Day
No School

5

Beefy Nachos
Tator Rounds
Refried Beans
Lettuce Salad
Oranges & Milk

6

Hoagies
French Fries
Country Trio Veggies
Grapes
Milk

7

Tator Tot Casserole
Peas & Carrots
Hot Rolls
Apples
Milk

1

Chicken Quesadillas
Black Beans
Lettuce Salad
Peaches
Milk

2

Chili
Corn
Applesauce
Cinnamon Rolls
Milk

12

Turkey Wraps
Baked Beans
Capri Veggies
Potato Chips
Oranges & Milk

13

Pork Rib Sandwich
French Fries
Peas
Apples
Milk

14

Chicken Fried Steak
Mashed Potatoes/Gravy
Green Beans
Peaches
Milk

15

Hot Dogs
French Fries
Chili
Corn
Pears & Milk

16

Chicken Chip Casserole
Munchkin Muffins
Peas
Cottage Cheese
Pineapple & Milk

19

Tacos in a Bag
Refried Beans
Lettuce Salad
Apples
Milk

20

Meatball Subs
French Fries
Broccoli
Grapes
Milk

21

Turkey, Ham or Tuna
Sandwich
Baked Beans
Potato Chips
Peaches & Milk

22

Pizza Wraps
Lettuce Salad
Cottage Cheese
Pineapple
Milk

23

No School
Teacher Workday

26

Baked Potato Bar
Peanut Butter Sandwich
Chili, Ham & Cheese,
Broccoli & Cheese
Mandarin Oranges & Milk

27

Hamburger Deluxe
French Fries
Country Trio Veggies
Apples
Milk

28

Chicken Strips
Chicken Rice
Oriental Veggies
Hot Rolls
Pears & Milk

29

Corn Dogs
Mac 'n' Cheese
Peas
Peaches
Milk

30

Back To School: Checklist and Information

Washakie County School District #2: TEN SLEEP 2022-2023

The Ten Sleep Task Force has compiled a list of items that could act as a helpful guide as you and your child/children prepare for back to school.

Family– Hints, Reminders, and Talking Points

What are your after school procedures and schedule for your household?

Does your child have PE shoes, a rain coat, backpack?

Does your child know their phone number?

In case of an emergency, would your child know who you would want contacted? How do you contact that person?

Do you know the school's procedures for signing your student out of school/class? (ex: when you have a drs appointment)

Do you have a safe plan for social media?

Do you have supplies, shoes, extra-curricular items? A Physical if you are participating in activities....

If you need financial assistance, there is a NEEDS Fund that can be accessed. Contact the school counselor for more information.

What are your child's lunch plans (HS- can go off campus)..... Believe it or not, lunch time does create some high anxiety situations for students. Having a conversation ahead of time does help with that

Do you know how to contact the school if your child is home sick for the school day?

If your child walks to/from school, do you have a safe plan in place?

What is the TEN SLEEP TASK FORCE?

We are a group of individuals working together for the common good of creating a safe, healthy, and happy environment for all community members with an extra focus on youth. Meetings are monthly- the first Tuesday of each month at 6:30, at the Ten Sleep Library. We are working in conjunction with the Washakie Prevention Coalition. They meet the third Thursday of the month at noon in Worland.

Questions: Please reach out to the school if you have questions or concerns.

Robert Griffin, Principal 366-2233 X400

Chawna Wiechmann, Counselor 366-2233 X510

Ten Sleep Task Force

Of The

Washakie Prevention Coalition (WPC)

Is MEETING to address any and all concerns that we see facing our youth population.

All are invited to attend: Parents, Community Members, Educators, Health Professionals, Law Enforcement, City Officials, Businesses, and YOUTH.

It is an open discussion where we can come together and problem solve how to help and support our community's youth AND everyone's overall well being.

WHEN: September 6 6:30 pm

WHERE: Ten Sleep Library Meeting room

FOOD WILL BE PROVIDED!

Visit:

<https://washakiepreventioncoalition.org/>

For more information contact:

Chawna Wiechmann (TSHS) 366-2233

Or Lila Jolley (WPC) 347-2760



Dear Parents/Guardians/Caregivers,

What a delight it is to share in your child's learning journey together. As a school, we want to partner with families to help each of our learners develop not only the academic skills but also the social and emotional skills they need to be successful in life. These skills are interconnected in so many ways: noticing and regulating emotions can impact success on a test or homework assignments, understanding others perspectives is critical to problem solving in group work, navigating big emotions can help us advocate for our needs and build healthy relationships. Social and emotional skills are foundational for success in the classroom, with our friends on the playground, waiting in line for lunch as well as beyond the four walls of the school.

We're excited to be using a curriculum this year called Sources of Strength. This curriculum will help us think about, develop, and practice positive social and emotional skills along with identifying and growing the strengths in our lives. The curriculum is research-informed and is modeled after the evidence-based Sources of Strength program that has been in Middle Schools and High Schools for decades. The focus of Sources of Strength is to support the development of a comprehensive wellness model that is centered on building strength and resilience in individuals and communities.

At the core of the curriculum are eight Strengths: Family Support, Positive Friends, Mentors, Healthy Activities, Generosity, Spirituality, Physical Health, and Mental Health (See Strength definitions on back). Each of these strengths shows up in a person's life differently. Each lesson invites students to explore strength in their own lives, empowers them to grow their strengths and build resilience in order to promote health and wellness for themselves and others.

Families/Caregivers play an important collaborative role in helping learners truly apply strength to their lives in good times and in tough times. You are encouraged to ask your student how they are learning about the strength in their lives. We invite you to join them by naming strengths that you are strong in and use those strengths to navigate both the good times and tough times at home or school. The power of using strength in our lives can move us towards healthy coping, positive problem-solving, resilience, and wellbeing.

Sincerely,



FAMILY SUPPORT

Whether related to us by blood, or by choice, these are the people who support, nurture and care for us.

POSITIVE FRIENDS

Positive friends lift us up, make us laugh, are honest with us, and are there for us when we need them.

MENTORS

A mentor is an experienced person who shares their insight to help guide us, and help us draw on our own strengths to be the best version of ourselves.

HEALTHY ACTIVITIES

When we feel stressed, healthy activities-- whether they are physical, social, or emotional-- help us unwind, lift our mood, and gain clarity.

GENEROSITY

Generosity can look a lot of different ways, from donating money or time to being intentionally kind to other people. These acts of kindness towards others, big or small, can actually make an impact on how we feel about ourselves.

SPIRITUALITY

Spirituality is practiced in many ways, but at its core we consider what gives a sense of purpose and connection in our spirit. Thankfulness is a profound way to practice spirituality together, no matter what our cultural heritage and/or spiritual tradition.

PHYSICAL HEALTH

When we are injured, we don't have to stay in pain. We can get better, with access to the medical care we need and deserve. Physical and social/emotional pain are often integrated and it's important to take care of our bodies, hearts, and minds.

MENTAL HEALTH

Mental Health is all about getting the support we need and deserve to help us when we are struggling. Our mental health is a very important part of living a healthy life, and oftentimes, getting together with a trusted person, a counselor, or a doctor, can help empower us to overcome internal struggles we might be facing.



Gail Carver Photography
Worland WY 82401
www.gailcarverphotography.com
307-347-3747



Photo Package Options
(packaged together for savings)

PKG A
1 10x13
2 8x10
4 5x7
4 4x5
4 3.5x5
16 2x3 Wallets
\$45.00

PKG B
1 8x10
4 5x7
4 4x5
12 2x3 Wallets
8 Mini Wallets
\$30.00

PKG C
2 5x7
4 4x5
4 3.5x5
8 2x3 Wallets
8 Mini Wallets
\$25.00

PKG D
1 5x7
4 4x5
2 3.5x5
4 2x3 Wallets
8 Mini Wallets
\$20.00

PKG E
4 4x5
4 2x3 Wallets
8 Mini Wallets
\$15.00

PKG F
2 4x5
8 Mini Wallets
\$10.00

Orders will be returned within 6 weeks. Orders made after picture day and additional orders will be online and require a shipping fee. Please use exact cash or check, we can not make change. \$20 Fee on Returned Checks. Please insert checks and bills below glue strip. Moisten and seal envelope.

All A Carte No PKG required

- G. 8X10 \$12.00
- H. 8 Wallets \$12.00
- I. 2 5X7 Individual \$12.00
- J. 2 4X5 Magnets \$14.00
- K. Metal Key Chain \$14.00
- L. Metal Luggage Tag \$14.00
- M. Digital File with 8x10 Print release \$40.00
- N. Metal Display Print \$40.00
- O. 4x6 Acrylic Block \$35.00
- P. Fun Pack \$15.00
- Q. Metal Ornament \$20.00

- Glass Glare Removal \$10.00
- Facial Retouch \$5.00

- * East Side Elementary- Sept. 1st
Pre-K, Homeschool & Online
@ East 4-7:00 pm
- *Worland High School- Sept. 7th
- *South Side Elementary- Sept. 8
Pre-K, Homeschool & Online
@ South 4-7:00 pm
- *Ten Sleep School- Sept. 13
- *Worland West Side- Sept. 20
- *Worland Middle School- Sept. 21

Sports & Activities



Order by Order Form On Picture Day
=Free Shipping To School
Online Orders Ship To You For A Small Fee

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ORDER PACKAGES AND SAVE!

A Superstar -The Favorites
8x10 Memory Mate
2- Photo Buttons
12 Pro Trader Cards
1 Bag Tag 2- 4x5 Magnets
4- 5x7 & 8 Wallets

\$65
Save \$43

B MVP-
8x10 Memory Mate
2 Photo Buttons
2-5x7 & 8 Wallets
2 4x5 Magnet
Memory Mate Mount

\$45
Save \$26

C Team Player-
8x10 Memory Mate
12 Pro Trader Cards
2 5x7
Memory Mate Mount

\$30
Save \$12

D Buddy Pack
1 8x10 Memory Mate
2 5x7
8 Wallets
Memory Mate Mount

\$25
Save \$13

E Game Day
8x10 Memory Mate
1 5x7
4 Wallets
Memory Mate Mount

\$20
Save \$6

F Memories
1 5x7 Team
2 3x5 Individual
4 Wallets
Team Individual Mount

\$15
Save \$6

MAKE YOUR OWN PACKAGE

No Package Required

G	5x7 Team Photo	\$8
H	2 - 5x7 Player Photos	\$12
I	8x10 Team Photo	\$12
J	8x10 Player Photo	\$12
K	4 - 4x5 Player Photos	\$12
L	8 Player Wallets	\$12
M	8x10 Team Photo	\$15
N	8x10 Team Calendar	\$15
O	4 Trading Card Magnets	\$15
P	8x10 Magazine	\$15
Q	8x10 Memory Mate (Team and Individual on one 8x10)	\$15
R	15 oz Mug	\$25
S	1 - 3 Inch Photo Buttons	\$8
T	2 - 4x5 Photo Magnets	\$15

U	Sports Bag Tag	\$12
V	Keychain	\$12
W	Dog Tag Necklace	\$12
X	Metal Desk Mate	\$30
Y	Coffee Mug	\$20
Z	12 Pro Trading Cards	\$16
AA	8x10 Curved Metal Print	\$40
BB	10 Inch Statuette	\$30
CC	16x20 Player Poster	\$35
DD	12x18 Team Poster	\$35
EE	2x3 Player Yardsign	\$45
FF	2x3 Team Banner	\$45
GG	50x60 Photo Blanket	\$75
HH	17 Oz Insulated Water Bottle	\$30

DIGITAL FILES - PLAYER PHOTOS ONLY- EMAIL REQUIRED

D1 - High Resolution Digital File - \$30 (without package)

D2 - High Resolution Digital File - \$10 (with package)